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**Natural Cleaners Store, visit here**

## **Natural Cleaning Recipes, Green Cleaning Methods**

Green Cleaning Natural Cleaning Recipes, Green Cleaning: is using cleaning products that don't endanger you, children or the environment. Commercial cleaning products often contain irritants that irritate the eyes, nose and lungs. The Green Cleaning products recommended here are effective, inexpensive, safe for you and the environment.

### **Green cleaning items include:**

- \* baking sodaBaking soda
- \* White vinegar
- \* [Liquid castile soap](#) (a mild soap made of olive oil and sodium hydroxide)
- \* Scouring pad
- \* Cotton washcloth or a sponge
- \* Cotton rag without much lint
- \* 16 oz. spray bottle

### **Green cleaning recipes:**

#### **Tub and sink cleaner:**

- \* Baking soda
- \* [Liquid castile soap](#)

Sprinkle baking soda on the porcelain fixtures and rub with wet rag. Add a little of the [liquid castile soap](#) to the rag for more cleaning power. Rinse well to avoid leaving a hazy film.

#### **Window and mirror cleaner:**

- \* White vinegar
- \* Water
- \* Newspaper, crumpled

Fill spray bottle with 1/4 cup of white vinegar then fill to the top with water. Shake bottle to combine. Spray on the surface. Rub with a lint-free rag or a torn and wadded up newspaper page.

For outdoor windows, use a sponge and wash with warm water with a few drops of [liquid castile soap](#) in it. Rinse well and squeegee dry.

#### **Linoleum floor cleaner**

- \* White vinegar
- \* Water

Mop with a mixture of 1/2 cup vinegar in a bucket (pail) of warm water. The vinegar odor will go away shortly

after the floor dries.

### **Toilet bowl cleaner**

- \* Baking soda
- \* [Liquid castile soap](#)

Sprinkle baking soda inside the bowl as you would any scouring powder. Add a couple drops of soap in also. Scrub with a toilet bowl brush and finish outside surfaces with a damp cloth or paper towel sprinkled with baking soda.

### **All purpose cleaner**

- \* [Liquid castile soap](#)

For spots on woodwork, tile and linoleum, add a few drops of liquid soap to a wet washcloth and rub surface briskly. Rinse and wipe thoroughly to remove any leftover streaks.

### **Oven cleaner**

- \* Baking soda
- \* Water

Mix 1 cup of baking soda with enough water to make a paste. Apply to oven surfaces and let stand for about 15 minutes. Use a scouring pad for scrubbing most surfaces. A spatula or a bread knife is effective to get under large food deposits. This recipe will require more scrubbing effort, but it is not toxic to you or your child. Commercial oven cleaners can cause severe irritation or respiratory conditions. Do not use this cleaner recipe on self-cleaning ovens.

### **Drain cleaner**

- \* Baking soda
- \* White vinegar
- \* Boiling water

This recipe will free minor clogs and helps to prevent future clogs. Pour 1/2 cup of baking soda down the drain first, then 1/2 cup vinegar. Let it fizz for a few minutes. Then pour down a teakettle full of boiling water. Repeat if needed. If the clog is stubborn, use a plunger. If very stubborn, use a mechanical snake.

### **Copper cleaner**

- \* White vinegar
- \* Water
- \* Salt

Mix equal parts of vinegar and salt (a tablespoon of each should be enough to start, make more as necessary) and apply to the surface with a rag. Be sure to rinse thoroughly with water afterwards, otherwise it will corrode. Don't use on lacquered finishes.

## **How To Green Clean Your Home**

Purchase and clean only with [non-toxic, environmentally safe household products](#). Look around your home and you are likely to find between 3 and 25 gallons of toxic substances. Most of those toxins are found in household cleaners. Many of these substances are known for the unhealthy fumes they give off which irritate the eyes, nose and lungs. The fumes from toxic cleaning fluids play a major role in indoor air pollution. The EPA estimates that the air inside your home can be 2 to 5 times more polluted than the air just outside your

window.

Toxins in your home affect your community. The manufacturing process for these chemicals can be a significant source of air and water pollution, contribute to global warming, or endanger the health of others that must come in contact with these substances in order to bring these products to market.

## **Green Smart Shopper**

Here is a list of environmentally friendly, biodegradable cleaning products.

### **Veriuni All Natural Cleaners**

All-natural, gentle and powerful, Veriuni Cleaning Products use only citrus-based oils, as well as ingredients from corn and other replenish able materials. They contain no dyes, artificial fragrances, or pesticide residues. Even our packaging and labels are constructed solely from recycled materials. [Visit Veriuni's environmentally safe cleaning products.](#)

### **Seventh Generation Products**

Seventh Generation is one of the leading brands of nontoxic household products. For more information, [visit Seventh Generation Products](#)

### **Method Home**

Method offers some cleaners that are dye- and perfume-free, nontoxic, biodegradable, naturally derived and never tested on animals. For more information, [visit Method Home Products](#)

### **Mrs. Meyers Cleaning Supplies**

All of their cleaning supplies are made with natural essential oils, are biodegradable and phosphate-free. For more information, [visit Mrs. Meyers Products.](#)

### **Earth Friendly Products**

Earth Friendly is a leading brand of 100% natural, plant-based, non-toxic, biodegradable household cleaners, made with renewable and cruelty-free ingredients, never tested on animals, and packaged in recyclable containers. For more information, [visit Earth Friendly Products](#)

### **Ecover Products**

Ecover stands for careful enterprise. This means that they produce washing and cleaning products in an ecological, economic and socially responsible way in a unique ecological factory. No artificial fragrances, safe for septic tanks, fast and complete biodegradability. For more information, [visit Ecover Products](#)

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